



You are invited to join the staff of Homewood Health Centre for the following Hospital Rounds presentation.

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Never Married, Happily Divorced: a Unique Approach to Eating Disorder Recovery

Outline:

Jenni Schaefer shares her personal journey to recovery from anorexia/bulimia using a unique narrative approach. Those in attendance will learn how the metaphor of the eating disorder, personified as "Ed" can be used to help clients discover the voice of their true self. This presentation will address what every clinician needs to know about eating disorder recovery from the client's perspective. Relapse prevention, body image and spirituality will be discussed as an important aspect of long-term recovery.

Wednesday, February 6, 2008
Lunch 11:30 a.m. (Provided by Homewood)
Presentation 12 noon to 1:00 p.m.
Homewood Lecture Theatre,
150 Delhi Street, Guelph

Please RSVP by Friday, February 1, 2008
To: Cathy Barber (519) 824-1010, ext. 2160.

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons Canada. Twenty-five percent of the time for these rounds will be devoted to interactive learning.

Educational Objectives

- (1) learn how personifying an eating disorder can help patients discover new strategies for recovery
- (2) learn to examine eating disorder recovery from the patients perspective
- (3) examine the importance of body image and spirituality in long-term recovery



Jenni Schaefer

Jenni Schaefer is co-author of *Life with Ed: How One Woman Declared Independence From Her Eating Disorder And How You Can Too.*

Jenni is a regular guest on national radio and television, including appearances on Dr. Phil and Entertainment Tonight. Her work has been recognized in national publications, including the Chicago Tribune, Cosmopolitan, Cosmogirl, The Washington Times, and Woman's World. She speaks across the country and writes regularly for self-help/recovery publications.

