



**Paul Mulzer, MD,  
FRCPC**

Dr. Paul Mulzer is director of outreach programs for St. Joseph's Health Centre as well as staff psychiatrist for the concurrent disorders treatment programs and the Lakeview Methadone Clinic. He co-ordinates a steering committee of First Nations health professionals from various organizations in Thunder Bay for the First Nations Initiative (FNI). He lives in Thunder Bay with his wife and five children.

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## Seeking Bimaadiziwin

### A role for quality, culturally-relevant educational resources

Bimaadiziwin is an Anishinawbe phrase meaning 'the good life'. *Seeking Bimaadiziwin* is the award winning drama designed to encourage participation in group therapy in remote First Nation communities. The film addresses depression, suicide and racism and highlights the need for different healing and spiritual approaches for First Nation clients. Dr. Paul Mulzer led this production which was coordinated by an advisory committee of First Nation's people. He invites you to view the film and discuss how the film can be used as a culturally-relevant educational resource.

**Monday, February 11, 2008**  
**Lunch 11:30 a.m. (Provided by Homewood)**  
**Presentation 12 noon to 1:00 p.m.**  
**Homewood Lecture Theatre,**  
**150 Delhi Street, Guelph**

**Please RSVP by Wednesday, February 6, 2008**  
**to: (519) 824-1010, ext. 2580**

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons Canada. Twenty-five percent of the time for these rounds will be devoted to interactive learning.

## Finding Manajiiwin

### Cultural Competency for Health Care Providers

*Finding Manajiiwin*— Finding Respectful Knowledge — is a 45-minute educational documentary. It is a companion film to *Seeking Bimaadiziwin* and is designed to help health workers become more "culturally competent" when working with First Nation clients. *Finding Manajiiwin* highlights the historical origins and the challenges faced by this disadvantaged population. Dr. Paul Mulzer invites you to view the film and discuss lessons learned.

**Tuesday, February 12, 2008**  
**Lunch 11:30 a.m. (Provided by Homewood)**  
**Presentation 12 noon to 1:00 p.m.**  
**Homewood Lecture Theatre,**  
**150 Delhi Street, Guelph**

**Please RSVP by Thursday, February 7, 2008**  
**to: (519) 824-1010, ext. 2580**

#### Educational Objectives

- (1) highlight the present state of mental health in First Nation communities
- (2) view a novel therapeutic tool to explore mental health issues with the drama *Seeking Bimaadiziwin*
- (3) review the provider video *Finding Manajiiwin*