



Dr. Ash Bender, MD, FRCPC

Dr. Bender is a staff psychiatrist and Deputy Clinical Director of the Mood and Anxiety Disorders Program at the Centre for Addiction and Mental Health (CAMH). He is the Clinic Head of the Work, Stress and Health Program (WSH) and Psychological Trauma Program (PTP) at CAMH, which are multi-disciplinary programs specializing in assessment, treatment and research of occupational disability. He is also the Acting Head of the Anxiety Disorders Clinic.

Dr. Bender is an Assistant Professor with the Faculty of Medicine at the University of Toronto and has several publications in the area of workplace mental health. He is currently conducting clinical research on the management of acute trauma in the workplace. He has received several awards for excellence in medical education during his residency at the University of Toronto, while pursuing elective training in the area of Occupational Psychiatry.

Dr. Bender has performed numerous assessments for Worker's Compensation, private insurers, and the Criminal Courts. As part of his practice, Dr. Bender is involved in the management of a broad range of psychiatric disorders in both out-patient and in-patient settings with a focus on psychopharmacology and cognitive behavioural therapy.



HOMWOOD

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Workplace Trauma: Impact and Response

a free public lecture by Dr. Ash Bender

Traumatic events at work are often unavoidable or unexpected. Such events affect worker health and productivity and can result in prolonged disability.

In this presentation, Dr. Ash Bender will review several novel and collaborative disability management strategies involving the workplace, the insurer and the health care provider. Dr. Bender will share his insights about the effect of workplace trauma on individuals and organizations, and he will review comprehensive strategies to address symptomatic or impaired workers, highlighting special issues for employers.

The Stephen E. Lett Lecture Series brings together leaders in the academic, clinical, and business fields to discuss the links between social change and human health.

Thursday, December 10, 2009

**Lunch 11:30 a.m. (Provided by Homewood)
Presentation 12 noon to 1:00 p.m.**

**Homewood Lecture Theatre
150 Delhi Street, Guelph**

**Please RSVP by Tuesday, December 8
to (519) 824-1010, ext. 2580**

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons Canada. Twenty-five percent of the time for these rounds will be devoted to interactive learning.

Educational Objectives:

- (1) review effect of workplace trauma on individuals and organizations
- (2) review strategies to address symptomatic or impaired employees
- (3) discuss special issues for employers